

THE BRAIN

SOME FUN FACTS

The left hemisphere controls the right side of your body

The right hemisphere controls the left side of your body

The brain weighs 1.5kg (new money), and in old money, it weighs 3 lbs.

Your brain is divided into two halves: the right hemisphere and the left hemisphere.

Your brain is made up of approx. 100 billion nerve cells and even more support cells

The brain texture is similar to blancmange

Your brain has four regions these are called lobes

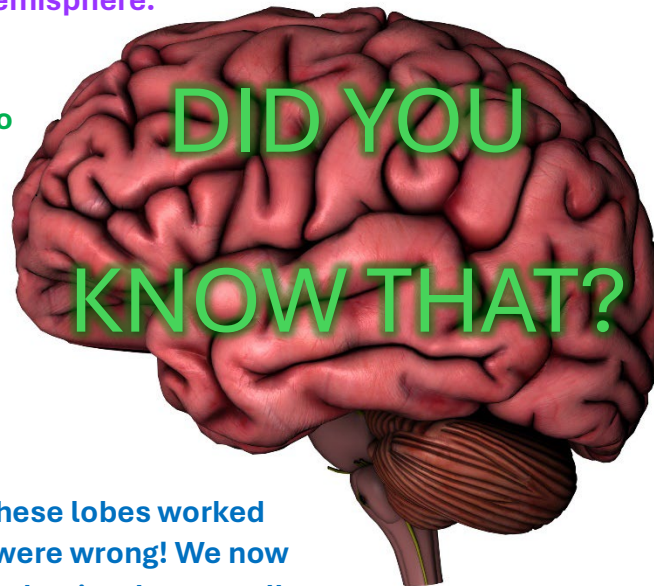
1. Frontal lobe
2. Parietal lobe
3. Occipital lobe
4. Temporal lobe

Old thinking was these lobes worked independently! We were wrong! We now know they work together in a loop so all information can be gathered and interpreted before an action is performed by the mind or body

The brain is approximately 60 % fat and 40% is made up of water, protein, carbohydrates and salts

Your brain stem is behind your cerebellum

Your brain is connected to your spinal cord via the brain stem



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